



# OREGON STATE TAEKWONDO FOUNDATION TOURNAMENT

**SATURDAY - JUNE 18, 2022**

**TUALATIN, OREGON, USA**

*Hosted by AAU Oregon State Taekwondo & USA Taekwondo Oregon*

*\*\*Net Profit will Proceeds to Support Team Oregon at 2022 AAU & USAT Nationals\*\**



# 2022 OREGON STATE FOUNDATION TAEKWONDO TOURNAMENT

## Event Registration - [www.AAUTKD.com](http://www.AAUTKD.com)

**ORGANIZER:** AAU Oregon State Taekwondo and USA Taekwondo Oregon Foundation.

**LIVE COMPETITION DATE:** JUNE 18, 2022 (SATURDAY) LIVE Competition

**LOCATION:** 20194 SW 112th Ave. Tualatin, Oregon 97062

**PARTICIPANT ELIGIBILITY:** This event is open to all ages and belt levels.

**SCHEDULE:** Age Specific Competition Time will be emailed to participants by June 13, 2022. All Event Times are held between 8:30am - 5:30pm US Pacific Standard Time. (GMT-7)

**REGISTRATION:** Register Online by June 12, 2022! Registration is MANDATORY for all competitors. All Registration must be **Paid** at the time of registration. **REGISTRATION IS ONLY ACCEPTED ONLINE.** Online Registration is available at [www.AAUTKD.com](http://www.AAUTKD.com). Registration CLOSSES at 11:59pm PST (GMT-7) on JUNE 12, 2022. **Absolutely no registration accepted after JUNE 12, 2022. Absolutely No Refunds Under Any Circumstances.**

**ENTRY FEES:** One Event \$75 Additional Event \$50.00 each.

\*All Event Changes, including name change, belt rank change, change of date of birth, event changes, weight changes, and age division changes must be submitted by email to [uswc888@gmail.com](mailto:uswc888@gmail.com) **before** June 12, 2022. **Absolutely No Refunds!**

**SPECTATOR FEES:** \$10 per person Infants - Free

**AWARDS:** Beautiful quality medals from [Previous Taekwondo Events](#) will be awarded to 1st, 2nd, and two 3rd places. No participation or award certificate will not be issued for this event.

**MANDATORY:** "Color Taekwondo Uniforms are allowed" at this tournament for non-sparring Color Belts only. Color Belt Sparring competitors must wear WT approved white uniforms in black or white V-neck. Black Belts MUST wear White World Taekwondo approved uniform with Black V Neck for sparring and board break. Poomsae and weapons competitors may wear y-neck Poomsae uniforms approved by World Taekwondo. All sparring competitors must provide their own sparring gears & materials needed for their events. [Head gear color MUST match chest guard color unless white head gear is worn.](#) **No color uniforms are allowed in sparring competitions. YOUTH & CADET POOMSAE COMPETITORS WHO WISH TO COMPETE IN THE BLACK BELT DIVISION MUST REGISTER AS "BLACK BELT" EVEN WHEN POOM BELT IS WORN.**

**RULES:** Organizing Committee rules will govern this event with emphasis on fairness and traditional martial arts values. Mixed gender bracketing will be used for color belt divisions. Team & Pairs Poomsae for mixed belts registration will be bracketed based on the oldest and highest ranked competitor.

**JUDGES:** Certified Referees will be officiating for all events. All athletes will be officiated by a jury of 3-5 Certified Referees.

**POOMSAE:** All Color Belt & Black Belt Poomsae competitors will select one Poomsae of their choice for Individual, Pairs and Team. Cut off system will be used in all Poomsae divisions.

**FREESTYLE POOMSAE:** Minimum 60 seconds, Maximum 100 Seconds. Music without lyrics is Required. Must be able to play music during online performance. Under and overtime penalties will apply.

**BOARD BREAKING:** Each competitor must purchase their own demo board at the venue for \$3 each. All boards must be purchased at the tournament venue for fairness. **DISTANCE BREAK** - Winner will be participant who jumps the farthest while breaking one regulation sized board at the 1st or 2nd attempt without stepping on the foul line. A 2nd attempt will only be offered to competitors who step on the foul line or fail to break the board in the 1st attempt. **HEIGHT BREAK** - Winner will be participant who jumps the highest while breaking one regulation sized board on the 1st or 2nd attempt. A 2nd attempt will only be offered to competitors who fail to break in the 1st attempt. Maximum of two attempts on each board break. All boards will be held by assigned referee with no exceptions. **CREATIVE BREAK** - Competitors will get 2 minutes to complete their board break and clean up broken boards. Maximum 10 boards. Maximum of two attempts on each board break. Boards must be held by athlete's coach. NO Board Holder's Passes Will Be Given. Foot & Hand Techniques.

**WEAPON FORM:** Minimum 30 seconds, Maximum 60 Seconds. Music is optional.

**SPARRING:** Competitor must provide their own sparring gears. Two rounds of 1 minute, 30 break between rounds. Shin-Insteps, arm pads, groin guard (male only) must be worn under uniform pants, gloves, head protector, clear or white mouth guard, and chest protector for all color belts sparring competitors. Groin guard must be worn under Taekwondo pants. *Plastic Face Shield is required for 11 years & Under Sparring divisions.* All Black Belt Sparring competitors MUST WEAR DAEDO BODY PROTECTORS & SENSOR SOCKS GEN2. DAEDO Protectors will be provided at the tournament site. Competitor must own DAEDO Socks.

For event updates, please follow "AAU Taekwondo Oregon & USA Taekwondo Oregon" Facebook Page.

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